

# Daily Scripture Readings

*“And above all these put on love, which binds everything together in perfect harmony.” Colossians 3:14*

## May 2 - May 8

Sunday	Matthew 5:1-12
Monday	John 14:25-31
Tuesday	John 16:25-33
Wednesday	Romans 14:13-19
Thursday	Colossians 3:12-17
Friday	Hebrews 12:12-17
Saturday	James 3:13-18

## May 9 - May 15

Sunday	Psalms 34:15-22
Monday	Psalms 147:1-6
Tuesday	Jeremiah 30:12-17
Wednesday	Matthew 4:23-25
Thursday	Matthew 9:9-12
Friday	Matthew 11:25-30
Saturday	1 Corinthians 3:9-11

## May 16 - May 22

Sunday	Romans 12:1-8
Monday	1 Corinthians 12:1-11
Tuesday	1 Corinthians 12:12-31
Wednesday	Ephesians 1:15-23
Thursday	Ephesians 2:1-10
Friday	Ephesians 4:1-16
Saturday	Colossians 1:24-29

## May 23 - May 29

Sunday	Ephesians 2:11-22
Monday	Galatians 6:1-10
Tuesday	1 John 3:1-10
Wednesday	1 John 3:11-18
Thursday	1 John 3:19-24
Friday	1 John 4:7-12
Saturday	1 John 4:13-21

# HOW TO HAVE A QUIET TIME

## Quiet Yourself

- Seek out a quiet place where you will be free from distraction.
- Slow down. Be still. Clear your mind. (Some people are helped by playing quiet music or breathing deeply. It's OK to experiment.)
- Ask the Holy Spirit to help you understand God's Word and apply it to your life.

## Read the Bible

- Read a passage slowly 2-3 times.
- Make two lists:
  - What does this passage reveal about God?
  - What does this passage reveal about me/humanity?

## Meditate

“Talk to yourself about God in the presence of God.” Tim Keller

- What key idea or key truth speaks to my heart today?
- Why is God showing me this passage today? What is going on in my life that I need to learn this truth?

## Respond (ACTS)

- ADORATION: How can I praise God on the basis of this truth?
- CONFESSION: What attitudes, behaviors, emotions or idols arise in me when I forget this truth?
- THANKSGIVING: How is Jesus Christ (or the grace that I have in Jesus) the key to helping me to overcome the sin that I have just confessed?
- SUPPLICATION: Ask for God's help in remembering and living in this truth.