

TODAY'S SCRIPTURE: PSALM 131

1 My heart is not proud, Lord,
my eyes are not haughty;
I do not concern myself with great matters
or things too wonderful for me.

2 But I have calmed and quieted myself,
I am like a weaned child with its mother;
like a weaned child I am content.

3 Israel, put your hope in the Lord
both now and forevermore.

QUESTIONS TO DISCUSS

1. Was there anything in particular that stood out to you from the sermon?
2. Humility was defined as accurately knowing God and yourself. What are the most significant ways that you have developed your knowledge of (relationship with) God? What are some of the ways that have been most helpful for you to know yourself?
3. How did the illustration of the weaned child (Psalm 131:2) help you better understand the idea of contentment?
4. If you were to put your hope (confident trust) in the Lord more fully this week, what do you think would change?

Sermon Notes