

# Daily Scripture Readings

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us...

*Hebrews 12:1*

## Sept 4 - 10

|           |               |
|-----------|---------------|
| Sunday    | Psalm 46      |
| Monday    | Psalm 3       |
| Tuesday   | Psalm 23      |
| Wednesday | Psalm 27      |
| Thursday  | Psalm 121     |
| Friday    | John 14:25-31 |
| Saturday  | John 16:25-33 |

## Sept 11 - 17

|           |                  |
|-----------|------------------|
| Sunday    | Mark 9:14-29     |
| Monday    | Proverbs 2:1-15  |
| Tuesday   | Isaiah 43:1-13   |
| Wednesday | Isaiah 43:14-28  |
| Thursday  | Matthew 14:22-33 |
| Friday    | Luke 22:31-34    |
| Saturday  | Hebrews 3:7-19   |

## Sept 18 - 24

|           |                         |
|-----------|-------------------------|
| Sunday    | Jude 1-16               |
| Monday    | Jude 17-25              |
| Tuesday   | 1 Timothy 4:11-16       |
| Wednesday | 1 Thessalonians 5:19-22 |
| Thursday  | Hebrews 12:1-2          |
| Friday    | James 1:1-18            |
| Saturday  | James 1:19-27           |

## Sept 25 - Oct 1

|           |                  |
|-----------|------------------|
| Sunday    | Matthew 23:1-15  |
| Monday    | Matthew 23:16-36 |
| Tuesday   | Luke 19:1-10     |
| Wednesday | Luke 19:11-27    |
| Thursday  | Luke 19:28-40    |
| Friday    | Luke 19:41-44    |
| Saturday  | Luke 19:45-48    |

# HOW TO HAVE A QUIET TIME

*An adaptation of works by Tim Keller and Scott Sauls*

We encourage you to use this “pattern” for spending time with God as you go through the Daily Scripture Readings printed on the reverse. Enjoy!

## QUIET YOURSELF

- Seek out a quiet place where you will be free from distraction.
- Slow down. Be still. Focus your mind and affections on God.
- Ask the Holy Spirit to help you understand God’s Word and apply it to your life.

## READ THE BIBLE

- Read a passage, slowly, 2 or 3 times.
- Make two lists:
  - What does this passage clearly reveal about God?
  - What does this passage clearly reveal about me/humanity?

## MEDITATE

*“Talk to yourself about God in the presence of God.” Tim Keller*

- What key idea or key truth speaks to my heart today?
- Why is God showing me this truth today? What is going on in my life that I need to learn (or be reminded of) this truth?

## RESPOND (PRAY)

- ADORATION: How can I praise God on the basis of this truth?
- CONFESSION: What attitudes, behaviors, emotions or idols arise in me when I forget this truth?
- THANKSGIVING: How is Jesus Christ (or the grace that I have in Jesus) the key to helping me to overcome the sin that I have just confessed?
- SUPPLICATION: Ask for God’s help in remembering and living in this truth.