

# A GUIDE FOR DAILY SCRIPTURE READING

## READ FAST ~ Week 1: August 4 – 10

- Watch the Bible Project Video on **Hebrews**  
[bibleproject.com/explore/video/hebrews/](http://bibleproject.com/explore/video/hebrews/)
- Read **Hebrews**, all the way through, at least once, in as few sittings as possible.

## READ SLOW ~ Week 2: August 11 – 17

**Week 2: August 11 - 17** \*Memorize Hebrews 4:12.

Hebrews 1:1-4	Hebrews 4:14-16
Hebrews 11:1-3, 39-40	Hebrews 13:1-5

## READ FAST ~ Week 3: August 18 – 24

- Watch the Bible Project Video on **1, 2 & 3 John**  
[bibleproject.com/explore/video/1-3-john/](http://bibleproject.com/explore/video/1-3-john/)
- Read **1, 2 & 3 John**, all the way through, at least once, in as few sittings as possible.

## READ SLOW ~ Week 4: August 25 – August 31

**Week 5: July 28 – August 3** \*Memorize 1 John 1:9.

1 John 1:5-10	1 John 4:7-12
1 John 5:1-5	2 John 6-11

*Continue on reverse*

**READING FAST:** The goal of reading fast is to take in the “big picture” of a biblical book so that you can see how it unfolds from beginning to end.

### A METHOD FOR READING FAST

- Use a translation that’s easy to read.
- Read the entire book, out loud, in one sitting (or in as few sittings as possible).
- Write down questions as they arise but set them aside for later.
- REACH: Try to see if you can do this 2 or 3 times this month.

**READING SLOW:** The goal of reading slow is to be with God and to be formed by the text into the image and likeness of Jesus.

### A METHOD FOR READING SLOW

#### QUIET YOURSELF

- Seek out a quiet place where you will be free from distraction.
- Be still for at least two minutes. Focus your mind and affections on God.
- Ask the Holy Spirit to open you up so you can receive from God

#### READ THE BIBLE

- Read the passage, slowly, 2 or 3 times.
- Make note of anything that puzzles or confuses you.
- What does this passage clearly reveal about God?
- What does this passage clearly reveal about me/people?

MEDITATE “Talk to yourself about God in the presence of God.” -T. Keller

- What is God revealing to your heart today?
- Why do you think God might be showing me this truth today?
- What is God asking me to do today?

RESPOND with Adoration, Confession, Thanksgiving and Petitions.

REACH: Try Lectio Divina (Sacred Reading) one day a week – Download a guide here: [shorturl.at/tBM47](http://shorturl.at/tBM47)

### OPPORTUNITIES FOR READING WITH OTHERS:

- ❖ Join a small group.
- ❖ Read the Bible with 2 or 3 others, once a week, for a month.
  - Contact Vi Tran ([vi@thecollegechurch.org](mailto:vi@thecollegechurch.org)) to learn more!