

A GUIDE FOR DAILY SCRIPTURE READING

WEEK 1: September 1 – 7 (READ SLOW)

Psalm 8:1-4
Psalm 8:5-9

Psalm 19:1-6
Psalm 139:13-16

WEEK 2: September 8 – 14 (READ SLOW)

John 1:1-5
John 1:9-14

1 John 1:1-6
Colossians 1:15-20

*Memorize John 1:1-5

WEEK 3: September 15 – 21 (READ FAST)

- Watch the Bible Project Video on **Genesis 1-11**
bibleproject.com/explore/video/genesis-1-11
- Read **Genesis 1-11**, all the way through, at least once, in as few sittings as possible.

WEEK 4: September 22 – 28 (READ SLOW)

Genesis 1:1-13
Genesis 1:26-2:3

Genesis 1:14-23
Genesis 2:4-14

*Memorize Genesis 1:31

//READING FAST//

The goal of reading fast is to take in the “big picture” of a biblical book so that you can see how it unfolds from beginning to end.

A METHOD FOR READING FAST

- Use a translation that’s easy to read.
- Read the entire book, out loud, in one sitting (or in as few sittings as possible).
- Write down questions as they arise but set them aside for later.
- REACH: Try to see if you can do this 2 or 3 times this month.

//READING SLOW//

The goal of reading slow is to be with God and to be formed by the text into the image and likeness of Jesus.

A METHOD FOR READING SLOW

//QUIET YOURSELF//

Seek out a quiet place where you will be free from distraction. Be still for at least two minutes. Focus your mind and affections on God. Ask the Holy Spirit to open you up so you can receive from God

//READ THE BIBLE//

Read the passage, slowly, 2 or 3 times. Make note of anything that puzzles or confuses you. Ask yourself: *What does this passage clearly reveal about God? And what does this passage clearly reveal about me/people?*

//MEDITATE// “Talk to yourself about God in the presence of God.”

What is God revealing to your heart today?

Why do you think God might be showing me this truth today?

What is God asking me to do today?

//RESPOND// with Adoration, Confession, Thanksgiving and Petitions.

//REACH// Try Lectio Divina. Download a Free Guide: shorturl.at/tBM47

Continue on reverse