

TODAY'S SCRIPTURE: Genesis 2:1-3

1 Thus the heavens and the earth were completed in all their vast array.

2 By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. 3 Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.

DISCUSSION PROMPTS FOR SMALL GROUPS, FRIEND GROUPS & HOUSEHOLDS:

1. **Read Genesis 2:1-3** (*printed above*). What stands out to you and why? What questions does this passage raise in your mind?
2. When read through ancient eyes, what is the significance of God resting on the seventh day?
3. How does Genesis 1:1-2:3 speak to the Israelites who were in exile, after the Temple was destroyed? How might it speak to believers today, in a similar way?
4. Pastor Bill said, "We can rest because God is good. We can rest because God is in control." How can we massage these truths deep into our hearts? What practices can help to shape us into restful (rather than restless) people?